

# a freedom

reflecting on the spirituals



The Spirituals were not just songs about God and spiritual freedom, they carried hopes for literal freedom, secret resistance, and extended sorrow or joy from the individual to the whole community. They offered reconnection with a God they had been violently separated from by ocean and captivity, and a way to pass coded encouragements to each other. The songs often claim intimacy with biblical heroes, including the person of Jesus, that validate their struggles, humanity and goodness.

Join us and be moved  
and enlivened.

Sun, Feb 22, 10:30am  
Church of the Holy Trinity  
19 Trinity Square (behind the Eaton Centre)



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